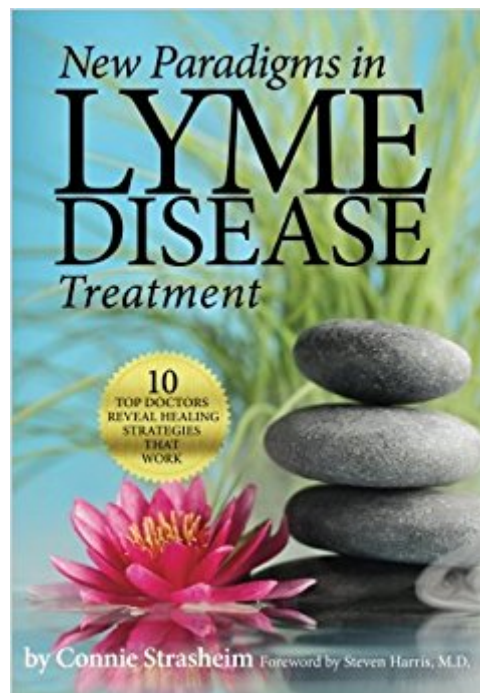




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# New Paradigms In Lyme Disease Treatment: 10 Top Doctors Reveal Healing Strategies That Work



## Synopsis

"Connie Strasheim's book is a MUST-READ for anyone who has Lyme disease; for those who suspect that they might have it or who are concerned about exposure to it, and for those who have friends or family members with it. It is packed with plenty of NEW, useful and easy-to-understand information about Lyme, its coinfections and various co-conditions. For this book, Connie interviewed ten leading Lyme specialists, including one from Germany, one from Canada and eight from the USA -all of which have an integrative approach to treatment. The experts all agree that certain treatment steps are essential for recovery, but all have a unique treatment approach and provide their own pearls of wisdom. I congratulate Connie for a job VERY well done!"- W. Lee Cowden, MD, MD(H)Chairman, Scientific Advisory Board Academy of Comprehensive Integrative Medicine Recent years have brought dramatic changes in how top doctors are treating Lyme disease. New paradigms in Lyme disease treatment have emerged and are helping people to recover, even those that have failed years of treatments. This book is based on interviews with ten leading Lyme doctors, and takes you deep into their treatment programs, so you can see for yourself what is new and different about modern Lyme treatment. No matter how many Lyme disease books you've already read, you don't want to miss the new treatment strategies presented in this book.~ Writer Connie Strasheim is no stranger to interviewing Lyme disease doctors. This is the second doctor interview book she has written on the topic of treating Lyme disease. Her first, entitled Insights Into Lyme Disease Treatment, has sold more than 15,000 copies and was based on interviews with over a dozen Lyme-treating physicians. Connie's experience in health care journalism (with a specific focus on Lyme disease) has allowed her to become an expert in extracting only the most important information from busy doctors who have a treasure vault of Lyme treatment wisdom stored in their brains. In her interviews with the doctors, Connie asks a broad array of questions designed to bring you the most cutting-edge, practical, and useful information possible.~ The Internet age has ushered in a near-infinite number of ways to research Lyme disease. But wisdom on the best way to successfully overcome Lyme disease isn't found in a Google search, but instead, is contained within the minds of doctors who treat this disease day-in and day-out, and who have experience treating thousands of patients. Traveling to have appointments with each of the doctors interviewed in this book would take weeks, and cost thousands of dollars. And even if you did make the trips, would the doctors have enough time to answer all of your questions? Would you even know which questions to ask? Here, Connie does all the hard work for you, so that you can read about new, important paradigms and tools in Lyme disease treatment from the comfort of your own home. These tools, which are bringing healing, life,

and new hope to thousands, may do just the same for you!

## Book Information

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## Customer Reviews

"A masterful summation and well-researched overview of Lyme disease and its co- infections. Reflecting years of clinical experience and medical wisdom, this book shares a variety of cutting edge integrative and functional medicine tools and is an invaluable resource to clinicians and patients alike. A must read for anyone dealing with Lyme disease." -Sean Devlin, DO, MD(H), MS Medical Director Institute of Integrative Medicine and Oncology Santa Monica, CA "New Paradigms in Lyme Disease Treatment: 10 Top Doctors Reveal Healing Strategies that Work provides patients with an informative, well-rounded, and insightful perspective on the possible solutions to Lyme disease. As a healthcare professional myself, I thought the book was truly fascinating and provided me with information that I was able to apply to my practice. I would highly recommend this book to those with Lyme or to the loved ones of those who are suffering from it." -Leigh Erin Connealy, MD Director, Center for New Medicine Irving, CA [www.CenterforNewMedicine.com](http://www.CenterforNewMedicine.com) "With patients being stuck in the medical merry-go-round and the confusion that exists in the Lyme disease community, it's important to learn from those that are getting patients well. I highly recommend this book, as Connie Strasheim has her pulse on what is working and what you as a reader need to learn about. There is hope for improving your health and this is one tool in the toolbox for that." -Jay Davidson, DC, host of the Chronic Lyme Disease Summit [www.DrJayDavidson.com](http://www.DrJayDavidson.com) "New Paradigms in Lyme Disease Treatment is one of the best books that I have seen on the topic of Lyme disease in years.

I simply could not put it down. If only I had had this book 20 years ago, it would have saved me so much time and money. The collection of interviews is like finding a pot of gold at the end of the rainbow. The book provides very specific and powerful treatment approaches to Lyme and is a comprehensive collection of the latest and greatest integrative treatment options from several of my heroes in the treatment of Lyme disease. One of the things that I really like about the book is that it goes beyond what we normally think of as "Lyme disease" treatments and looks at the many factors that have to be considered to regain optimal health. These include mold illness, environmental toxicity, electromagnetic pollution, parasites, emotional healing, dental issues, methylation, SIBO, hormones, and much more. The comprehensive list of treatment options includes things such as coffee enemas, ozone therapies, low-dose immunotherapy; vasoactive intestinal peptide, bio-magnetic and herbal treatments; antibiotics, low-dose naltrexone, pulsed electromagnetic field therapy, ionic foot baths, and much more. It opens your eyes to the many powerful tools that we have available to regain our health. It is a comprehensive resource that will change the way that you think about recovering from Lyme disease and make you feel more empowered to obtain wellness. How can it get any better than that? -Scott Forsgren Editor and Founder, BetterHealthGuy.com

Connie Strasheim is the author, co-author or ghostwriter of ten wellness books, including the 3-book Journey to Wellness series, which she co-authored with William Lee Cowden, MD, in 2014, and includes Foods that Fit a Unique You, Create a Toxin-Free Body and Home - Starting Today, and BioEnergetic Tools for Wellness. She is a medical copywriter and editor for the Alternative Cancer Research Institute and Pro Health's Lyme disease site, as well as a healing prayer minister and health coach. See links to her books at the bottom of this website. Connie's passion is to help people with complex chronic illnesses find freedom from disease and soul-spirit sickness using whole body medicine and prayer, and she collaborates with some of the world's best integrative doctors to do this. In addition to Lyme disease, Connie's books focus on cancer, nutrition, detoxification and spiritual healing. In her free time, Connie enjoys traveling the world and doing missions work overseas, and sharing the love of God with others.

I highly appreciate this book, it's contents and the effort it took to gather the information. Searching for answers on Lyme and solutions to fix Lyme can be a disappointing road to travel and this book is a breath of fresh air. Thank you, thank you, thank you!!!

I constantly read about Lyme as I am a Lyme patient. This is SUCH a well written book with great

overviews by top doctors of their newest treatment options. It's been really helpful to me when plotting (er, planning) my next strategy.

Have only gotten part way through but it is very informative. Great to get different views on treatment. Most doctors don't even believe Lyme disease is an actual condition so you must be your own advocate. Read, search, dig to help yourself.

excellent book. have used it for a reference in exploring alternative therapies for lyme.

We need more like this, information there are so many ways we can fight this, however not enough people who understand how bad it can get or that the testing we have isn't good enough when a 40% is considered good

The information in this book was very helpful!!! I've researched some health problems my husband has been having and my search led me to Lyme's. This book was key to helping us become empowered to know where to begin.

Really great book to see what the top doctors are doing to fight lyme. It will give you great info as you decide what path you'd like to take in your quest to get better from Lyme. Very good.

I bought the Healing Lyme book by Stephen Buhner per my doctor's orders and I ordered everything in the core protocol as fast as I could. The herbs are working great - yay! I'm very grateful I listened to my doc! I happened to order this book though since its copyright date was 2016 and hearing the latest info from a number of docs couldn't hurt. I'm so happy I ordered it! First, having just been diagnosed with Lyme a month ago, the Buhner book is a bit intense for me. When you're still in shock about having lyme, reading whole chapters on co-infections is the last thing a gal wants to deal with. With this book, it's a much easier adjustment for me. There is less intellectual data devoted to co-infections and more pragmatic info - telling me herbs and tools to get rid of the evil bacteria. Second, every doc talks about herxing as not being a good thing. Buhner might say this too (I don't know). I would have tried to power through the herxing but for the good explanation as to why it's not good and every doc reiterating this. So I'm grateful for that. Another thing, there is a small part of me that wonders if the herbs I'm taking will stop working. But if they do...no problem. I have plenty of backup strategies mine for the taking with this book. Wahoo! Lastly, it's really

fascinating how docs will use different herbs and tools to achieve the same thing. I found out detoxing is important...but there are so many ways to do it. I'm creating a spreadsheet with the diff protocols for it and from what chapter...along with the website, etc. It's also fascinating when they use the same herbs, etc. Connie Strasheim - for your next book, can you please do the exact same thing except for yeast/candida/fungus? When I'm off my anti-biotics, I'm going to need that and you do a marvelous job!

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